



# SalesTalk

T E N U I N E C D I M I T T A M

Educating young men in the example of the gentleman saint, Francis de Sales

Vol. III, No. 6

January 2010

## MESSAGE FROM THE PRESIDENT

Salesianum is blessed with a rich history of success. The school's dedication to academic excellence, Catholic identity and civic education is affirmed by its continued recognition as one of the Top 50 Catholic High Schools by the Acton Institute. In addition, Salesianum received recognition this past summer as the 2009 Jefferson Awards National Recipient for Outstanding Service by a high school.

The soundness of our educational program is rooted in the imparting of fundamental skills and in the formation of character. The athletic, music, fine arts and club offerings provide an educational program stretching beyond the classroom.

The school's Board of Trustees works closely with its Finance Committee to balance projections of enrollment, income and expenses. All indications point to a continuation of our stable enrollment into the next school year. Even in these difficult economic times increases will be seen in utilities, maintenance and employee compensation packages. Income from non-tuition sources allows us to keep tuition at a reasonable rate for an independent Catholic high school in the greater Wilmington area.

The media speaks of trends showing an improving economy, yet we know of the challenges families continue to face. In consideration of all these varied factors, the Board of Trustees approved tuition of \$11,475 for the 2010-2011 school year. This translates into an increase of 4.55 percent. This will be the second year in a row that the increase will be less than 5 percent. Through the generosity of benefactors the school will continue to provide financial aid to students with demonstrated need.

Registration packets will be mailed around the end of January. The return date for the completed registration form is March 1, 2010.

We are pleased that you have selected Salesianum School for the formative years of your son's development. Upon graduation, he will be prepared for the opportunities which college will bring his way. Salesian spirituality will give him the tools needed to face the demands of life in the twenty-first century. God Bless.

*Rev. James E. Dalton, OSFS*  
[jdalton@salesianum.org](mailto:jdalton@salesianum.org)



## FROM THE DESK OF THE PRINCIPAL

Happy New Year! I hope you had a wonderful and blessed holiday. At the dawn of the New Year, I feel compelled to reminisce about the year past as we look forward to the possibilities of the future. This past year has held many wonderful and exciting experiences for Salesianum School.

The academic excellence of Salesianum continues to excel with National Merit Scholars and Advanced Placement scholars among the top in the State of

Delaware. To see the pictures of these scholars, please visit the Scholars Bulletin Board on the first floor of the school. All of our students, at all phases, are reaching for higher scholastic goals. Of course, our Net Classroom accessible through the internet is allowing our parents to track this wonderful progress to ensure it continues.

Our sports program has experienced wonderful success again this school year. Congratulations to all the sports programs, especially the Cross Country Team and Football Team, both of which won the State Championship. Winter sports are in full swing and we anticipate much success from these dedicated athletes.

Our Open House this past year again had record numbers of prospective students visit. Additionally, we again have large numbers of students seeking admission to Salesianum School. This is perhaps due to what we offer in the areas of academics, fine arts, and athletics. However, we who know Salesianum best are also aware that our young gentlemen get all that, and so much more, from the fraternal Salesian spirit that permeates our school.

As we look forward to the year ahead we set new goals to ensure that Salesianum maintains its achievement of being named one of the Top 50 Catholic High Schools in America. We achieved this honor in 2004, 2007, 2008 and 2009! We anticipate many reasons to celebrate our students, faculty, staff, and parents. Thank you for being part of our community. Let us look forward together to the great days that lay ahead. St. Francis de Sales, pray for us!

*Rev. William McCandless, OSFS*  
[wmccandl@salesianum.org](mailto:wmccandl@salesianum.org)

## NURSE'S CORNER

Many teens are turning to energy drinks to get them through long days of school,

work, after school activities and homework. Many of these drinks contain very large amounts of caffeine and may be causing sleep difficulties.

Is caffeine harmful for teens? If it is causing them to miss out on 8-9 hours of sleep a night, it can certainly be harmful to alertness in school and for such important activities as safe driving. Caffeine may cause the body to lose calcium and certainly replacing milk with these beverages can have an even greater effect on bone density. A study by researchers at Columbia University showed that adolescents who slept 5 hours or less were 71% more likely to be depressed.

A recent article published in the American Academy of Pediatrics journal "Pediatrics" published a study on the effects of caffeine and technology on sleep duration and daytime functioning. The study found that the vast majority of teens use on average 4 different technology activities in their bedroom after 9PM and 85% of these teens reported using caffeinated drinks. Those who multitasked the most, consumed the most caffeine and got the least amount of sleep. One third of these teens reported falling asleep at least twice during the school day and half had driven while sleepy.

The take home messages from this report are as follows:

1. Help teens understand that getting 8-9 hours of sleep every night is very important for good health and proper functioning.
2. Limit access to electronic media in bedrooms after normal bedtime.
3. Limit access to caffeinated beverages 5 or more hours before bedtime.

*JoAnn West*  
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# FROM THE ACADEMIC DEAN

## Course Selection for 2010-2011

We will soon begin creating student schedules for the 2010-2011 school year. This time of year is the best time for students to research courses that are available for them next year. They can even talk to the current teachers and students in electives to find out which courses fit them best. You can find the *Program of Studies* for

2010-2011 on [www.salesianum.org](http://www.salesianum.org) under the announcements tab.

A great deal of time and effort is involved in the process, so please work with your son to choose an appropriate course of studies for next year. Students will also benefit from the careful help of their teachers, guidance counselors, and the academic office. Making well-informed, careful choices now will make for a smooth transition into the next school year for your son, and it will give him the best chance for success.

Following are some points to be aware of in the course selection process.

### Part I

- 1) During January, the Program of Studies for 2010-2011 will be posted on [www.salesianum.org](http://www.salesianum.org). This program is lengthy, so please encourage your son to review it early in the process.
- 2) During January and early February, students will learn about elective choices via our Homeroom Show, school newspaper, and firsthand discussions with teachers. Students should carefully research electives to make sure they are choosing courses that are right for them.
- 3) In early February, students will receive a Course Selection Form; within the next cycle, students will use this sheet to select appropriate courses for next year. Teachers must approve student choices, and parents must review and sign this form before it is submitted.
- 4) After the Course Selection Form is completed, each student will enter course selections into the computer using NetClassroom. Course selection forms will be collected during homeroom on February 23.

Steps 3 and 4 above are critical; the school plans the entire schedule for the following year based on these selections. In some cases, it is difficult to make changes to a student's schedule after this point in the process, so please encourage your son to take these steps very seriously.

Parents and students must remember that Advanced Placement (AP) courses truly are college-level courses. AP courses require extra hours of reading, research, and writing and in some cases laboratory work. AP courses should not be taken unless the student is willing to do such work.

Again this year, AP Physics C-Mechanics can be taken instead of Physics-4. Students should consult Mrs. White (Chemistry teacher) and Mr. Johnson (AP Physics teacher) about this option.

In 2010-2011, students who take AP Biology and/or AP Chemistry will be required to take an additional lab class that will meet 2 times per cycle. It will be possible for students to take both AP Chemistry and AP Biology if conflicts do not exist in other classes.

### Part II

1) During March, teachers and guidance counselors will check course requests for appropriateness and to ensure that each student will meet credit requirements.

2) Preliminary student schedules will be generated in April. These schedules will meet the needs of most students, but many students will have to choose alternate courses in the case of electives; in limited cases, students will have to choose a different phase for a core course (such as English) in order to accommodate another course choice. It is important that students carefully choose alternate courses during course selection.

### Part III

1) Students will receive their schedules in late June to early July via mail and NetClassroom. Please review these schedules carefully and notify the Academic Office of errors or requested changes.

2) A \$50 course change fee must be paid for any changes made after July 31.

3) Once the new school year begins course changes cannot be made unless they are initiated by the teacher or the academic office. Student-initiated course changes will not be honored at this time.

Jude Szczerba '96  
[juszczer@salesianum.org](mailto:juszczer@salesianum.org)

## FROM THE DEAN OF STUDENTS

### Teaching and Learning tempered with Humility

One of the strong tenants of teaching and learning is communication. It is not so much what the teachers

impart, but what the students learn which can make a significant contribution to the future of that particular student. Not all students learn the same way, at the same pace, and what may effectively assist one student may hinder another.

Communication, like learning requires patience, being open minded, and a common goal. When these elements of learning are present the greatest opportunity for learning and growth are present. We encourage you to continue to keep the communication open when things are going well, and when they may not be going so well.

Teachers strive to identify for students a number of learning strategies and apply similar teaching strategies so progress consistently happens. *Credibility* stands at the cornerstone of education. Simply put, teachers need to have the respect of their students, and students need to have the respect of their teachers. Next a *positive approach* in the classroom setting must be evident. *Information must be stressed over emotion*. A student's ability to focus is enhanced when the information is presented in this way. *Consistency of application* needs to be practiced by both teachers and students. *Listening skills and non-verbal communication* anchor the learning process.

We wish all of our students and faculty a good second semester, with enhanced teaching and learning being the norm for our Salesianum community.

Humility is a basic theme for Salesian education. Ken Blanchard eloquently describes what people with humility are about.

*"People with humility don't think less of themselves-they just think about themselves less". Ken Blanchard*

Michael Gallagher '69  
mgallagh@salesianum.org

## SalesTalk Trivia

In each issue of SalesTalk we will include a trivia question. The first parent to e-mail the correct answer to [pcastagna@salesianum.org](mailto:pcastagna@salesianum.org) will receive a \$10 gift certificate to the school store.

The question for this month is:

The original announcer for the The Tonight Show was Gene Rayburn. What game show did he later earn fame on?



## FROM THE STUDENT FINANCE OFFICE

### Registration for 2010-2011

Registration materials for the 2010-2011 school year will be mailed for all current students (except seniors) at the end of January. The completed, signed **Tuition Contract, Transportation Contract and Registration Fee** are due at Salesianum by March 1, 2010. Please watch for your

registration packet and return the required forms and registration fee promptly. Course verification forms will not be released if a student's tuition contract and registration fee have not been received.

### IMPORTANT REMINDER: Tuition Refund Insurance selection

Please be reminded that on your Tuition Contract [included in the Registration materials noted above] *you are asked to choose if you wish to participate in the Tuition Refund Insurance Plan.* You **must check** either 'yes' or 'no' in the Tuition Refund Plan section of your contract. Please be sure to indicate your choice; **do not** leave this section blank. The Tuition Refund Plan is a proven and tested means of protecting parents from the financial consequences of unexpected withdrawals.

**Your obligation to pay tuition for the full academic year is unconditional and no portion of tuition paid or outstanding will be refunded or cancelled in the event a student withdraws for any reason during the school year.**

Selection of the Tuition Refund Plan by parents assures that there will be little or no financial burden to add to the unfortunate circumstances of prolonged absence or withdrawal. Please see the brochure on the Tuition Refund Plan enclosed with your registration materials for further information on the plan.

If you do not receive a registration packet by mid-February, please call the Student Finances Office.

Héloise L. Osborn  
hosborn@salesianum.org

## FROM THE GUIDANCE OFFICE

Parents of seniors should file the FAFSA as soon as possible. Even if you have not filed your 2009 income tax forms, estimate your information on the FAFSA. It is imperative that it be done as quickly as possible. The web site is [www.fafsa.ed.gov](http://www.fafsa.ed.gov). Please keep a record of all admission decisions and awards that you receive from the colleges. We will ask for that information in mid-April and it is used in the graduation booklet.

Juniors should register by March 25 for the May 1 SAT which will be given here. You can register online at [www.collegeboard.com](http://www.collegeboard.com). Our school code is 080195. If a student wishes extended time or other testing accommodations, he must register using his SSD Eligibility Code number. For questions regarding SAT or ACT testing accommodations, please contact Mrs. Susan Gardner, Director of Educational Support Services. There will be an assembly closer to the test date to explain the registration process. We also offer the ACT here on April 10<sup>th</sup>. You can register at [www.actstudent.org](http://www.actstudent.org) by March 5. There are summer academic/college programs available to juniors. Some of them are residential. If you are interested, please check the Naviance website and click on "enrichment programs" on the navigation bar or contact Mr. Lang.

Course registration for next year will take place the beginning of February. If you have questions regarding the process or proper placement, please contact your son's teacher or counselor.

There was a meeting on January 7 for the parents of sophomores. The PSAT was discussed. If you missed the meeting please contact your son's counselor if you have any questions. There will be a Financial Aid Meeting for the parents of seniors on January 19 in Centenary Hall at 7PM.

Junior parents are encouraged to schedule a meeting with your son's counselor to begin the college process.

Larry Fletcher  
lfletche@salesianum.org

## PARENTS' ASSOCIATION

December was another month full of activities for Salesianum parents leading up to a beautiful, snowy Christmas break. The Parents' Association held its annual bus trip to New York City, and what a trip it was. The two buses were filled on the way up and even more filled on the way back with lots of shopping bags. Thank you, Kathy Skinner, for coordinating the trip again this year. On December 3<sup>rd</sup> we kicked off the Holiday Season with an Advent Evening of Prayer. Thank you Fr. Patrick for your spiritual guidance. The annual Parents' Association Christmas party was held on Friday, December 11. We had a great turn out for a great night. As always the food

was terrific as was the music. Everyone seemed to have a wonderful time visiting, laughing and even dancing throughout the evening in the dining center. The Parents' Association extends a very big thank you to Dawn Hartley and her committee who worked tirelessly to make the evening such a success.

We would like to congratulate Jill Lamberton who won the \$4,500 grand prize jackpot in this year's Ten Week Club and also Grant Lamberton (B164) for selling the winning ticket. What a great Christmas surprise for the Lamberton family. Congratulations!

As we return to school, we would like to wish everyone a very Happy New Year. We wish you all the best and hope 2010 brings health and happiness.

Joanne Walton

Mary Saberton

[salespa@salesianum.org](mailto:salespa@salesianum.org)



## 4 THE BOYS

### 2/26/2010

## Mark your calendar

*Tickets Now Available Online!*

*Simply visit [www.salesianum.org](http://www.salesianum.org) and click the  
4 THE BOYS icon!*

# SENIOR CORNER

Announcements: Senior graduation announcement packets will be handed out early January in homeroom. Packets will also be posted on the Senior Class Web Page. Order collection will be Wednesday Jan. 20th during all lunches. Any senior who misses the opportunity to turn in their graduation announcement & name card order on those dates must mail it directly to Jostens before January 25. All students get 10 free announcements. If you wish to send more, you need to purchase them from Jostens. Don't forget to order as many extra announcements as you think

you will need!! There may be a few left over for you to purchase directly from Mrs. Bartkowski, but she cannot guarantee more than 10 extra per student, if that. Do not forget to order the name cards that go inside the announcements. Also, the students do not wear caps and gowns at Graduation, so purchasing a tassel is a personal choice.

Note: Announcements are not invitations to Graduation!!! Tickets to Graduation are organized by the Director of Activities - if you have any questions regarding tickets, please speak with Mr. Rob McConaghy. Eight tickets will be given to each student. Both, Announcements and tickets will arrive in early April and be handed out to the seniors in mid/late April.

Prom Activities Committee (PAC): Prom Activities will begin at 11:45 at the Hotel DuPont. PAC is coordinated by the senior class moderators: Mrs. Stacy Bartkowski and Mr. Scott Smith. Thank you to Mrs. Diane Frasso for volunteering as the PAC Chairperson this year.

The two PAC subcommittees are: Souvenirs and Gifts and Entertainment. The Souvenirs and Gifts Committee picks out t-shirts for the boys and solicits colleges and business for donations to give out that night. The committee also solicits donations for the Auction – this is a very important part of PAC!! The Entertainment Committee provides gaming tables and other games for the event and runs them that night.

If you cannot directly work on the Prom Committee, but still wish to help out, donations are always welcome! The Souvenir and Gift Committee does need items for the Auction. Items such as DVD players, Dorm room items, Sports memorabilia, i-Pods, Playstations, Wiis, TV's - anything parents think their sons would like and/or think will be helpful for them at college. Emails of the Sub-committee members will be located on the Senior Web page by February if you wish to contact them directly.

If you cannot make it to the Initial Meeting, please email the After-Prom Chairperson, Mrs. Diane Frasso, with any questions or with the committee you wish to work on. She can be contacted at: 302-234-2447 or at [cjfdlf@comcast.net](mailto:cjfdlf@comcast.net). We especially need a lot of parents to help with the Souvenir and Gifts committee.

Senior Class Fundraiser: The class officers and Mr. Smith will run a Senior Class Fundraiser to help supplement Senior Prom tickets in March. Seniors will be selling Joe Corbi's Pizza and Cookies. More information will be available on the web page and in the SalesTalk in February. The sale will begin on March 1 and end on March 15. Delivery of products will be on March 29. FYI: Previous seniors have sold enough to pay for their entire prom!!

If you have any questions concerning Senior Activities, please feel free to contact Mrs. Bartkowski at school (302-654-2495, ex.241) or by email [sbartkow@salesianum.org](mailto:sbartkow@salesianum.org) or Mr. S. Scott Smith at school (302-654-2495 ext. 250) or by email [ssmith@salesianum.org](mailto:ssmith@salesianum.org)

Thank you for your continued support of the school!

Remember to look on the Senior Web Page and the Daily Announcements for updates and reminders on meetings and deadlines.

Stacy Bartkowski  
[sbartkow@salesianum.org](mailto:sbartkow@salesianum.org)  
Scott Smith  
[ssmithsalesianum.org](mailto:ssmithsalesianum.org)

# FROM THE ACTIVITIES OFFICE

**Freshman/Sophomore Ski Trip:** The Freshman and Sophomore classes will be hosting their annual ski trip to Blue Mountain on Saturday, January 30. Buses will depart Salesianum at 7:30 a.m. and will return that evening around 7. Costs vary by package. Students may pick up a registration form from Mr. Winchell or Mrs. Longo.

**March for Life:** Salesianum School's Pro-Life Club is organizing a bus to the March for Life in Washington, DC on January 22. Interested students should see Mrs. Carr.

**Music Assembly:** Salesianum will hold its annual Music Assembly Wednesday January 27 at 9:00 AM under the direction of Mr. Brian Cox.

*RobMcConaghy  
rmcconaghy@salesianum.org*

January Events	February Events
15-16 -Evening of One Acts 7:30 PM	5- Open Dance
18- MLK Day: NO CLASSES	16 - Battle of the Bands
21- St. Francis de Sales Liturgy 9:00 AM	15-Presidents' Day: NO CLASSES
22-Feast Week Assembly	26- 4 THE BOYS 7:30 PM
25- St. Francis de Sales Holiday: NO CLASSES	27- SACRED

Happy New Year!! A New Year means a fresh start.

We begin the New Year with the celebration of three Salesian saints. January 10 we celebrated the feast of St. Leonie Aviat, the foundress of the Oblate Sisters of St. Francis de Sales. Her motto was "To forget myself entirely." What a humble way to serve one another. On January 31 we celebrate the feast of St. John Bosco who founded a religious order of priests and sisters under the patronage of St. Francis de Sales, known as the Salesians of Don Bosco.

They dedicate themselves to the service of youth.

Finally, during the month of January we will celebrate feast week from January 19-22 where we honor our patron saint, Francis de Sales with reflection and festivities. This year his feast day, January 24, falls on a Sunday but we will celebrate our patron with a school wide Mass on January 21, in the auditorium at 9 AM. Parents are welcome to attend.

Also during January; registration is underway for our SACRED program. The program is scheduled for Saturday, February 27 here at Salesianum. For those who do not know, SACRED stands for: Salesianum Adult Religious Education Day. Courses on spirituality and faith are offered to our parents with proceeds benefiting the various ministries of the Wilmington/ Philadelphia Province of the Oblates of St. Francis de Sales. You can obtain more information and register by going to the Salesianum webpage and clicking on the SACRED image.

On Friday, January 22 some of our students will travel to Washington D.C. to participate in the March for Life under the direction of Mrs. Jennifer Carr of our Religion Department. As our students participate in this important cause it is a reminder to us all that we must continue to pray for a greater respect for life in our society in all its stages.

*May God be Praised,  
Fr. Patrick J. Kifolo, OSFS  
pkifolo@salesianum.org*



We are more than half way to our goal this year, but we still need your help.

If you have not made your gift towards the Fund for Salesianum, please contact Kara Grugran at [kgrugan@salesianum.org](mailto:kgrugan@salesianum.org), or call 302-356-2656.

*Thank you for your support.*